

05

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HABARI THE KARIBIA MAGAZINE

(NEWS, STORIES AND UPDATES FROM THE FIELD)



Centro Kabanga

THIS ISSUE

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EDITORIAL

The new issue of the newsletter HABARI presents a balance of the economic management of 2022 and the new advances that are being made under the commitment to the community of Kigoma region of Tanzania. Because KARIBIA was born out of this commitment to solidarity with the most vulnerable communities in Tanzania, starting in Kigoma, a forgotten and isolated region.

Our mission is to promote the sustainable development of the most disadvantaged communities in Kigoma by always supporting local initiatives.

We successfully completed another year of work to improve the quality of life of people in Kigoma.

2022 was a satisfying and exciting year because we were able to significantly achieve our objectives and because our projects had the expected significant impact; since the completion of the construction of the new Learn N' Play school, which offers educational and recreational activities, and a daily lunch, to 96 children aged 3-6 years; the TYFCA (Tanganyika Youth FC Academy) project that combines football with social development for children and young people from the humble neighborhood of Kamala; and the start of the DUHAMABI project, promoting women in Africa through training in sewing techniques and personal growth skills, for adolescent girls in situations of social exclusion, as well as giving dissemination and visibility to the activities implemented, and for the identification and formulation of new projects from the priorities and needs manifested by local initiatives.

In this issue we will also explain about the long-awaited start of the project "Improving the habitability of Kabanga Centre for children and young people with disabilities, and with albinism in Kigoma (Tanzania)" that we are going to start this April.

All this could not have been done without the support of our volunteers, visitors, supporters, partners, donors and collaborators. Therefore, we want to sincerely thank you for your invaluable trust, generosity, help and dedication.

We hope that 2023 will bring us new opportunities to continue advancing in ensuring that all our projects continue to have achievements and thus reach our purpose.

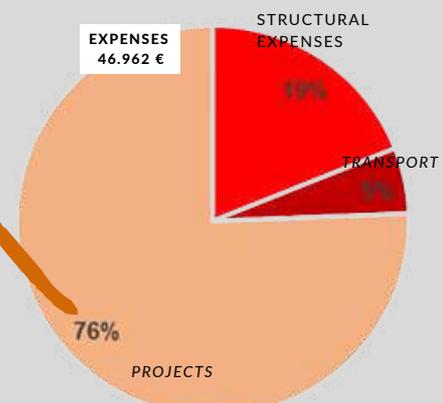
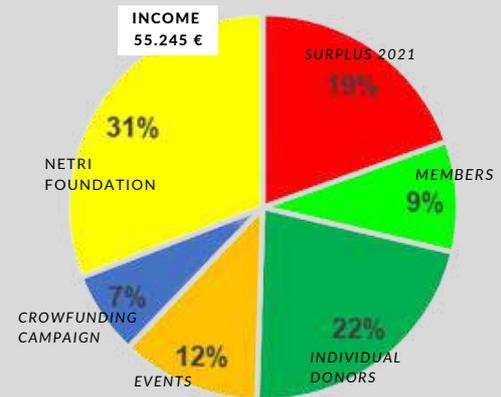
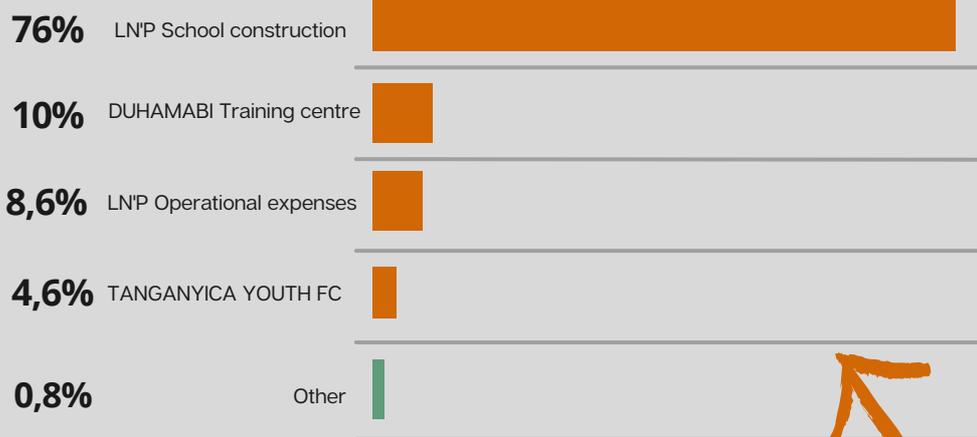
We remain committed to working hard and hard to improve education, health, women's empowerment, economic development and social inclusion in Kigoma.

Many thanks
KARIBIA

1. ECONOMIC SUMMARY

2022, SECOND YEAR OF KARIBIA AND:

- In 2022 we have achieved a **32% increase** in revenues over 2021, which in turn represents a 90% increase in spending over 2021
- We have **diversified** the source of our funding income
- We have **17 members** who contribute a fixed monthly individualised fee, which represents 9% of our income
- 22% of all funds raised come from **individual donors**, and of these, 49% have been repeat donors, which shows the loyalty of our donors
- 17.064 (31%) was donated by **NETRI Foundation** to complete the construction of the LN'P school
- Different **events** were organised by Team Le Aquile Moto Guzzi from Italy, 2 Solidarity Markets, IES La Guineueta, Plataforma de Apoyo a las personas Refugiadas (PAR) de Almansa, which raised 12% of the total income.
- Two **Crowdfunding campaigns** through the Migranodearena platform:
 - in the 1st campaign started in November 2021, 2.423€ has been collected in 2022. To highlight that for this 1st campaign Crossfit Palencia carried out in January 2022 a solidarity WOD
 - in the 2nd campaign started in 2022, 1.447€ has been collected in 2022, the rest of this 2nd campaign will enter in January and February 2023
- The **surplus from 2022** has been 8.283€, a large part of which was obtained in November and December 2022 thanks to the proceeds from the solidarity markets and the Migranodearena crowdfunding campaign (still active in January 2023), and will be used in 2023 to continue with the portfolio projects
- The percentages of general **expenses** by concept are practically the same as in 2021
- The **structural expenses** correspond to field logistics costs, local salaries, rental of the KARIBIA headquarters in Kigoma and its supplies, NGO bureaucracy, and bank charges
- The **76% of the total expenses have been for projects, of which:**



We would like to highlight and thank the support and effort of each and every one of the people, organisations and entities involved with KARIBIA, thanks to whom these good results have been possible and have allowed us to achieve the expected positive impact

2. KABANGA UNIVERSE: THE COUNTDOWN BEGINS

"FIND OUT WHY FROM NOW ON YOU ARE GOING TO HEAR A LOT ABOUT IT"

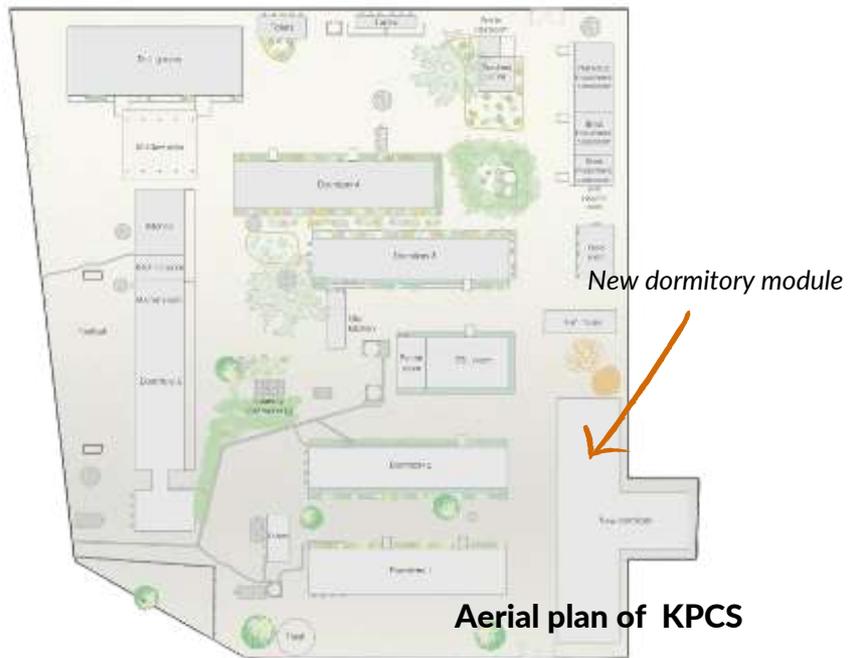
On some occasion we have already commented that it was in the Kabanga centre where the two of us (Nuria and David) met in October 2018. We were both there developing different cooperation projects. Nuria had already been in the country for several years, and David had practically just arrived in Africa. The Kabanga Protectorate Centre and School (KPCS) for children with disabilities and children with albinism became the backbone of what would become KARIBIA two years later.

The centre was located in a fenced compound and inside it coexisted different barracks and annexes, among others; several bedrooms, kitchen, dining room, outdoor toilets, special education classrooms, office, etc.

The centre also had a new dormitory module for 80 children which was not finished and equipped, and which was intended to improve the conditions of habitability and congestion.

During those weeks, an exhaustive study was made of all the needs that the centre faced.

The very poor conditions in which it was found, due to the scarcity of own resources to improve and adapt the facilities, the deficit of furniture and basic equipment, the lack of functional adaptation measures to the different needs according to disabilities, as well as the over-occupancy, they slept up to 2 and 3 children per bed, it meant that habitability had become a serious problem of accessibility, safety, comfort, health and hygiene for all the inmates, unworthy of the 21st century.



So, during all those days in Kabanga, we developed a well-documented needs identification report for updating and improvements in infrastructure and equipment necessary for the centre to become a better and more welcoming space, prepared for coexistence, training and the entertainment of all its users, and that offered to the children all the necessary qualities that would allow them to live in minimum conditions of well-being and comfort.

In 2020 with the birth of KARIBIA, we resumed the commitment to try to find support with which to carry out this objective: "Improving the habitability of Kabanga Centre for children and young people with disabilities, and with albinism in Kigoma (Tanzania)".

But aware of our limitations, we were a small NGO that had just started and the Kabanga project, in an integral way, could be considered a mega project far beyond the scope of our possibilities, we prioritized starting with the completion of the works and the equipment for that new unfinished dormitory module that was going to house 80 children in decent living and comfort conditions.



Even so, the amount of the project was high for our possibilities, so during the first 2 years of our existence we did not get the financial support that was needed.

But since whoever pursues it gets it, in the second semester of 2022, together with the NGO **ONGD Persona Solidaridad**, we present this project again, this time to the municipal call for subsidies for the co-financing of development cooperation projects of the **Ayuntamiento de Burgos** (Spain); and a few months later we received the good news that we were granted partial financing for our project.

For now, with what has been granted, we will be able to carry out most of the completion of the interior of the unfinished new dormitory module consisting of masonry, floor, wall and ceiling finishes, electricity, doors and windows and part of the toilets. For the moment, the bathroom area, the painting and minor works that can be carried out later and all the new furniture and textile equipment will still be finished, for which we will continue to seek financing.

With this we will ensure that part of the residents can move to the new dormitory with improved habitability conditions and we will decongest the current dormitories since the centre currently has almost 200 residents..

Although much remains to be done (this is just the tip of the iceberg of needs That KPCS faces), we are giving the go-ahead to this new project, convinced that this first financing will be the starting point to be able to continue pursuing that objective that has been It began to take shape back in 2018.



Ayuntamiento de Burgos



SOME OF THE IDENTIFIED IMPROVEMENT PROJECTS FOR FUTURE INTERVENTIONS AT THE KABANGA CENTRE ARE...

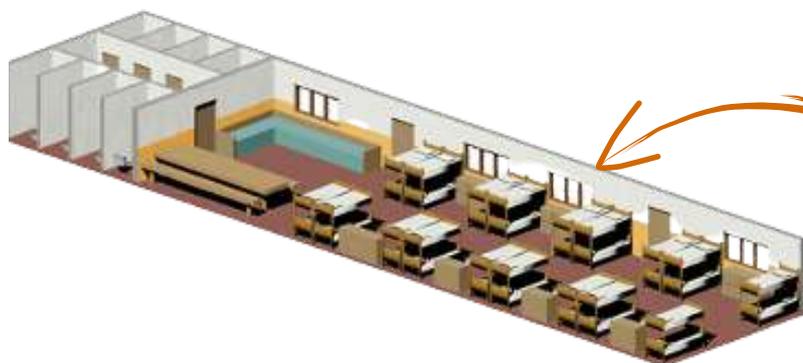
Renders of the expected results:



Current status:



Special education classroom



Barrack dormitories



Kitchen

KABANGA CENTRE

A HAVEN FOR THE MOST UNPROTECTED

The KPCS or Kabanga Centre, located in the village of Kabanga, in the district of Kasulu Town Council, Kigoma region, north-western Tanzania, is a state-run boarding centre originally founded to accommodate children with different disabilities to integrate them into the national educational system providing special education to those who need it and social integration to achieve an autonomous life.

The stigma and the prejudices and the lack of infrastructures, of means and of knowledge, meant that the majority of disabled children in Africa did not receive any education; all of which made, and still makes, children with disabilities particularly vulnerable. Currently, the centre is home to 134 children with visual, physical and hearing disabilities, mainly, the latter being the largest group.

Subsequently, the centre also began to take in a considerable group of albino children and mothers with albino children, to offer them protection as a "safe haven" in the face of the serious security threat and discrimination that this group suffered, due to being the object of witchcraft and superstition, being persecuted even with the danger of death. The atrocities committed against the albino community in the country led the Centre in 2018 to welcome more than 70 people with albinism, including children and mothers with albino children.

Nowadays and due to the sensitization and awareness that the Tanzanian Government has been carrying out in recent years about albinism, the situation is changing, this belief that some parts of the body of albino people gave good luck and fortune is being demystified. And so now 28 children with albinism live at KPCS.

Thus, the "safe centres" where minors with albinism lived isolated from their families and communities, are now centres where they go to continue receiving education until they finish primary school, and health care and awareness that, due to their albino condition, they must combat as the loss of visual acuity and the risk of skin cancer (life expectancy for an albino person in Tanzania is 32 years).

KABANGA'S CHILDREN



3. FIGHTING THE FEMINIZATION OF POVERTY IN AFRICA

WITH DUHAMABI



The role of African women is increasingly essential for the economic and social development of their territories, and is a central step in the claim of their economic, social and political rights. But her condition as a woman, in a world dominated by men and in macho societies, exponentially hinders the possibility of starting a business.

And it is that a problem of a global nature is becoming increasingly evident and that Africa finds one of its most obvious expressions: the feminization of poverty. Women are the most disadvantaged among the poor. We can say without being wrong; “women are the poorest of the poor” since they do not participate in the benefit of resources or in decision-making.

For this reason, projects such as the **Sewing Techniques Training Centre** that KARIBIA carries out in Kigoma (Tanzania) aims not only to break down the barriers of gender inequality regarding the access of all these girls and young women to resources, a transversal axis of the phenomenon of poverty, but to integrate a feminist perspective in their way of understanding social relations and in this way promote an awareness of their unequal situation in society and a desire for emancipation and autonomy that allows them to fully develop in all the fields of life.

From KARIBIA with this project we want to support female entrepreneurship in Africa as a leading factor, and this has to be equal opportunities; Same opportunities, same achievements, same benefits.

In November of last year and coinciding with the **#GivingTuesday** campaign we launched a new challenge through the **@migranodearena** platform. During the 2 months that the campaign lasted, we managed to raise the **€3.950** needed to continue equipping the Sewing Training Centre.

In this way we have been able to reach the goal of 20 sewing machines that are needed in the training sessions (1 for every 2 students), chairs for all, and buying textile material and other supplies. Although not everything is done. There are still activities to carry out such as the 3 workshops, the 2 professional machines, material for the 6 months of practices and other pending items.



4. LN'P SCHOOL, THE GREAT FINAL PARTY

November 4th 2022 will be a date we will never forget. That day we narrated the party for the official opening of the LearnN'Play school.

The event took place in the same school, where some tents were set up (rain was threatening) and chairs were brought so that authorities, friends, and the families of the children could attend a solemn act full of speeches first, of various performances by the children who had been preparing for days between dances and displays of the learning acquired afterwards, and finally, the discovery of the commemorative plaque of the day so marked.

Gifts were also given to the 9 children who, at the end of the course, would leave school to start their initial cycle of primary school.

The party ended with music, dancing and huddles, and with a lunch for all attendees prepared by Mama Jume, the school cook.



With this photo with Samuel, the director of LearnN'Play, and the teachers Maria and Costa, we closed the first chapter of our still short history. A chapter that narrated the construction of a new school for underprivileged children in the Kichangachui neighborhood.

Satisfaction and commitment, so we will continue to be linked to the school through monitoring and evaluation of the impact that the project generates on the children from now on.



Tupo Pamoja LearnN'Play!

5. DISCOVER HOW CLIMATE CHANGE AND THE WAR IN UKRAINE

ARE HOLDING BACK THE SUSTAINABILITY OF THE LN'P SCHOOL

At the beginning of this year, the LN'P school opened the doors of its 3 finished classrooms for the first time. The school, already fully operational after a year and a half of construction, must now face the full costs that this will generate: provide, free of charge, education and nutritional support (including the provision of uniforms and school supplies) daily to 96 children between the ages of 3 and 6 from the humble neighbourhood of Kichangachui and pay for the salaries of the 3 teachers and the support staff of the school (the cook and the security guard).

In 2020, a year before the start of the first works at the school, with funds from Karibia, a business plan was designed and launched to guarantee its sustainability. This consisted of a project for the processing and commercialization of organic honey with the purpose that once the school was finished, it could face its operating costs. The area of Kigoma and its surroundings are major producers of honey and it is highly prized for its purity. In addition, honey, a product widely used in Tanzania and in great demand, guaranteed its suitability. Tanzania is the second largest honey producer in Africa, after Ethiopia.

Despite being a seasonal business, the volume of raw honey that can be obtained during the months of pollination and harvesting easily guarantees sufficient production for marketing to also cover the months in which there is no productive activity (from February to June).

To date, all the production that the business launched has been able to generate has been sold. What's more, the demand for many months has exceeded the available supply, and in this aspect, expectations have been exceeded.

1

BUT THE FIRST CHALLENGE TO BE FACED IS COMING FROM ANOTHER SIDE: THE BEES DON'T PRODUCE ENOUGH HONEY.

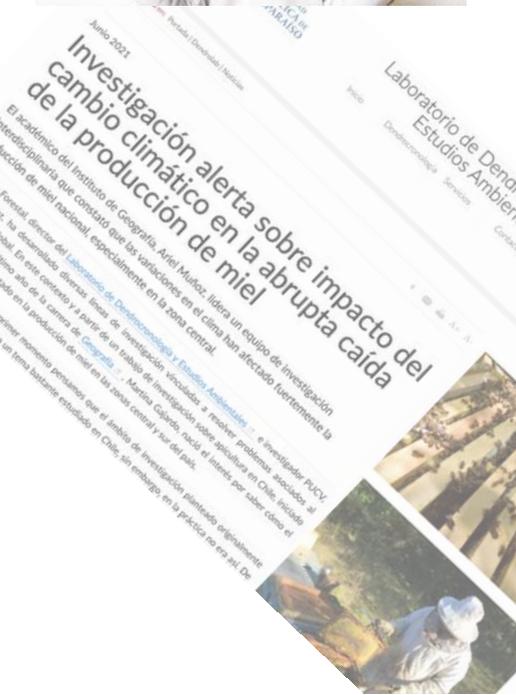
The main reason is the strong relationship between the specific frequency of rainfall and the quality of the honey bloom that supplies the colonies with nectar and pollen throughout the year. On the one hand, if the rains are too abundant, the flowering is low; on the other, if the rains are scarce, the drought reduces the floral abundance.

And it is that climate change is causing that, in the rainy season, which traditionally runs from October to May, in recent years they have begun to register values much higher than the average and an example of this is the alarming rise, that year after year, the waters of Lake Tanganyika are having that devastates neighbouring crops and engulfs coastal infrastructures and that it no longer recovers.

On the other hand, the so-called dry season (literally no rain at all), starts earlier and earlier, and is getting longer (until not so many years ago, at the end of September the first sporadic rains started to appear, and this last year it didn't start raining until November).

Climate change is modifying the adaptation capacity of plants to thermal variation and,

Depending on the area of the country, production may be falling by up to 50%, and this is directly affecting the resources that the honey project is generating for the school: to date, not enough has been produced to cover the school's operating costs in the months when there will be no harvesting and production activity, which as mentioned above runs from February to June.



2

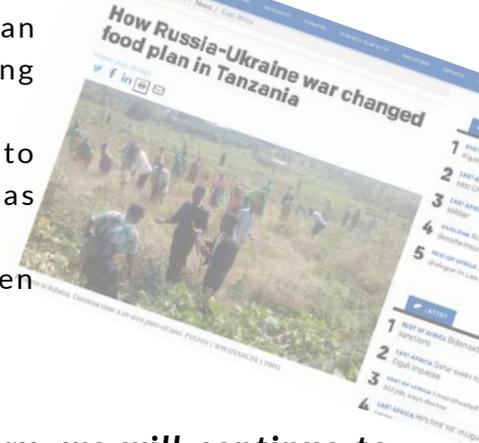
IN ADDITION, THE WAR IN UKRAINE HAS PUSHED UP THE PRICES OF BASIC FOODSTUFFS THROUGHOUT AFRICA.

Since the war began, it has had a direct impact on the supply of basic foodstuffs such as wheat in many African countries. Africa imports 40,4% of its production from Ukraine and Russia. The latter exports up to 39 African countries, some of them in their entirety.

Data from the Tanzanian Ministry of Industry and Trade confirm an increase in the cost of all cereals on the markets of all regions. In June 2022, the price of 100 kg of wheat was 196.240 Tanzanian shillings (\$85,3), up 61% from the same month last year, according to the data.

The average cost of a 100 kg bag of maize has risen 93 per cent to 88.019 Tshillings (\$38,2). The cost of rice, beans and sorghum has risen by 34%, 5% and 21% respectively.

Therefore, serving a supplementary lunch each day to 96 children is now much more expensive than it was two years ago.



From KARIBIA, committed to our partners and to the territory, we will continue to financially support the LN'P school (until we find a complementary solution that strengthens its sustainability), covering the operational costs during the months that the LN'P organisation itself cannot do so. In this way, we guarantee that the activities at the school will continue to be carried out without changes and that nothing will affect the children, the final beneficiaries of the project.

NOTE OF NOTICE

For **KARIBIA** this means an additional effort as we did not include this item in our expenditure forecast for 2023.

The school will need **€400 per month** for 5 months of the year to serve a daily supplementary lunch to 96 children consisting of corn porridge enriched with different nutrients to complement their regular diet and to pay the staff salaries. For this reason, we once again ask for your support and collaboration so that we can meet all these unforeseen costs that arise each year and that, in one way or another, we find ourselves in the need and obligation to cover.



**LEARN
N'PLAY**

ORGANIZATION

**on the back cover you have all the information if you want to make a donation.*

6. LATEST FIELD ACTIVITIES

CBLOOD DONATION AND DENTAL DONATION CAMPAIGN

September. Committed to the territory, for the blood donation campaign that took place in the region of Kigoma, KARIBIA has subsidised the refreshments for the donors. We also donated dental equipment to the Maweni Regional Hospital.

KIGOMA WOMEN GALA

November. KARIBIA participated in the Kigoma Women Gala led by District Commissioner Mrs Ester Mahawe. Claiming and festive, the Gala included the proclamation of slogans and narration of testimonies in pursuit of women's empowerment as a way to achieve better development goals.

OTHER

From August to November we visited the local projects of:

- Orphanage that serves more than 80 children in Kigoma town.
- Reinforcement and English School centre that serves 100 low-income children in Mwangi neighbourhood.
- Library of Kigoma pending of work completion.

NEW IDENTIFICATIONS

- In November, a delegation from the **University of Girona** from the Faculties of Communication and Tourism visited us to learn about our projects, interviewing managers and beneficiaries. These meetings aim to gather information for possible collaborations in projects that seek to solve the situation of disadvantage and vulnerability faced by young girls in Kigoma and strengthen their empowerment and personal and professional development.
- The Delegation also visited the **LN'P school** and met with its staff and with the children's mothers and the community to learn about their reality.
- We also jointly visited **TANAPA**, the agency that manages the country's national parks, and the **Kigoma Eco-Cultural Office**, a small tourism agency that has identified the potential of community-based tourism to influence the economy of women and youth through their participation in activities related to tourism.

VOLUNTEERS AND SOLIDARITY VISITORS

The last volunteers of the year, as usual, were an example of integration, good vibes, empathy and involvement with the territory. They collaborated in the activities of the LN'P school in everything that was needed and more, and they also showed their initiative and their most supportive spirit by donating playful and recreational material to the school, which they handed over to those in charge.

We have also welcomed the visits of partners, donors, followers, who have wanted to know the work we carry out from the field. It is the most transparent way we have of showing the management of the resources obtained.



7. PHOTO EXHIBITION AND TALK

IN THE FRAMEWORK OF WOMEN'S DAY, 8 MARCH 2023,

Universitat de Girona, in collaboration with **KARIBIA**, presented the photo exhibition: **DUHAMABI, EMPOWERING KIGOMA'S WOMEN**. A series of portraits of the participants of our Sewing Training Project taken by the 4th year student of advertising and public relations, María Franco, which aims to reflect the work that Karibia carries out to contribute to the empowerment of women in Kigoma, Tanzania.

The exhibition was located in the San Domènec Building from 6 to 10 March at the Faculty of Tourism of the University of Girona.



THE TALK

Coinciding with the exhibition, on the evening of Thursday 9th March, the president of **KARIBIA**, Nuria, gave a talk presenting the NGO and explaining all the projects that **KARIBIA** implements in Kigoma, Tanzania, for the students and teachers of the 3rd year of the Degree in Tourism.



Universitat de Girona
Facultat de Turisme

Entre
**SUBJECTES
&
ATRIBUTS**

Propera conferència:

Núria Marzo
Presidenta i Cofundadora de
KARIBIA.

Temàtica:
"KARIBIA: explicació del projecte
i turisme de cooperació."

www.karibia.org

Dia: dijous 9 març 2023
Hora: de 16:30 a 17:00 h
Aula: Sala de Graus (Facultat de Turisme)
Assignatura: Creació i Comercialització de Nous Productes Turístics
Idioma: CAT
Aforament disponible: 98 places totals (30 ja ocupades)

cada any +30 conferències
sobre Màrqueting, Turisme, Publicitat, Branding i
Comunicació

Activitat oberta a tot el públic.
Estudiants de l'assignatura tenen accés preferent

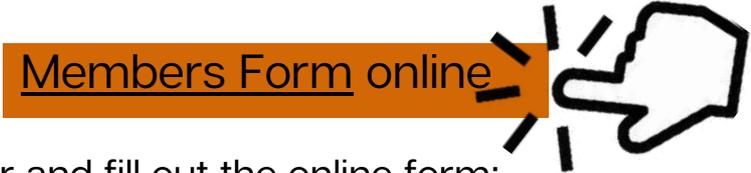
www.udg.edu/entresubjectes

Si l'interessaria accedir a alguna de les activitats contacta amb l'organitzador de l'activitat (jordi.serras@udg.edu) per tal que et confirmi si hi ha disponibilitat per a la data seleccionada.

8. MEMBERS: THE SUSTAINABILITY OF KARIBIA

Being able to count on fixed monthly contributions offers us great economic stability as an NGO and without them we would not be able to meet many of the small and large needs and unforeseen events that arise daily and that go beyond the projects we support, for this we thank all those who want to join us with a monthly contribution.

To do so, you just have to fill out and scan the following form and send it to us via email at: karibia.org@gmail.com, and we will domicile the receipt every month. Or if you prefer, accessing the online form from the following link:



Or copy this link into your browser and fill out the online form:

<https://forms.wix.com/f/7004397067544035838>



BECOME A MEMBER (MONTHLY CONTRIBUTION)



BASIC INFORMATION

NAME:.....	ACCOUNT HOLDER:.....
SURNAME:.....	HOLDER'S CIF:.....
ADDRES:.....	BANK:.....
ZIP CODE:.....	BANK ACCOUNT/IBAN.....
TOWN/DISTRICT:.....
COUNTRY:.....	SWIFT/BIC CODE:.....
PHONE:.....	I would like to make a monthly contribution to
ID/ PASSAPORT:.....	Asociación KARIBIA for the amount indicated:
EMAIL:.....	MONTHLY AMOUNT € <input type="text"/>

I understand KARIBIA's Privacy Policy. (<https://www.karibia.org/politica-privacidad>)

According to the L.O.P.D. 03/2018, adapted to the European Regulation by the RG (EU) 2016/679, regarding Data Protection, we inform you that the Data Controller of the data provided is Asociación KARIBIA. We use your data in order to manage your queries and send you communications. Legitimized by the consent of the interested party. No data will be passed on to third parties, unless legally obliged to do so.

Likewise, we inform you that you have the right to access, rectify and delete the data, as well as other rights that can be exercised by sending an e-mail to karibia.org@gmail.com.

¿HOW TO DONATE?



From your banking app where you have Bizum active, select the option to send money, choose our NGO by manually entering the identifier, number 01943 and choose the amount you want to donate.



PayPal

Through PayPal you can make a onetime donation or convert it to a monthly donation.



BANK TRANSFER

By making a bank transfer one-time or monthly, directly to the bank account of Asociación KARIBIA:

IBAN: ES80 0081 0062 8900 0206 1413
BIC: BSABESBB

Together,

We add more!

WWW.KARIBIA.ORG



Asociación Karibia is registered under number 68420 of section 1a of the Barcelona demarcation of the Register of Associations of the Generalitat de Catalunya (Spain); and registered in Tanzania as an international NGO with the number I-NGO/R/2099.

CIF: G02932499 BARCELONA (SPAIN)

*If you would like more information on any of the topics covered in this newsletter, please send us an e-mail:

karibia.org@gmail.com

THEY COLLABORATE WITH US

