

KIGOMA, TANZANIA, AFRICA

HABARI

THE KARIBIA
MAGAZINE

 KARIBIA

Special
3rd
Anniversary

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O C T O B E R 2 0 2 3

Letter to our partners, donors and supporters:

This November KARIBIA celebrates 3 years supporting the most vulnerable communities and groups in Kigoma, Tanzania, and to celebrate it, we have prepared a special 3rd Anniversary of our magazine HABARI.

We hope you like it!

Asante Sana!

Nuria


David






New Dormitory of Kabanga

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EDITORIAL

With this Newsletter we celebrate our third anniversary, showing our achievements in the projects we are supporting, our immersion in the territory, and welcoming our visitors, without whom it would not have been the same. The opportunity to get involved from the field in our activities, our context and in our beloved Kigoma, as well as to share our concerns, challenges and illusions with friends, family, supporters and donors, is a great pleasure and stimulus year after year. And this year has been no less.

From the Spanish ambassador in Tanzania, who wanted to see first hand the progress and results of our projects, as well as the important challenges we face; to the incredible group of women leaders committed to the empowerment of women; to the team of the ONGD Persona Solidaridad without whom we would not have been able to carry out the first project in the Kabanga school centre; and not forgetting the group of volunteers who during July and August have supported the LearnN'Play school.

These visits provide a platform to establish links that contribute to the sustainable development and growth of the Kigoma communities towards a promising future for the region.

We also announce that we now have the new 2023-27 Strategy for the next 5 years. Undoubtedly, essential to establish strategic objectives and an operational plan, concrete and effective, in order to achieve the goals set, realistic and aligned with the mission of **KARIBIA**.

We are celebrating 3 years since the birth of **KARIBIA**, a birth that arose from David and Nuria's meeting at the KPCS school centre in Kabanga for children with disabilities and children with albinism. Because it was the mixed feelings in this centre, in such a deplorable state, that made us found **KARIBIA**, and today we can say with satisfaction, emotion and happiness that we have managed to complete and equip its new dormitory module with a capacity for 80 children.

Today, the decision to found **KARIBIA** makes special sense, and it is the beginning of making a significant difference in the lives of these children.

What started as a simple crossroads has become a shared path of commitment to make a significant impact on the communities most in need.

1. KABANGA 2023: OBJECTIVE ACHIEVED

NEW DORMITORY PROJECT FOR 80 CHILDREN COMPLETED

It gives us great satisfaction to be able to write this new chapter in the history of **KARIBIA**. The unfinished and abandoned dormitory of the Kabanga school center or Kabanga Protectorate Center and School (KPCS), where **KARIBIA** was born in October 2018, is now in its best clothes and is home to 80 children. In October the new occupants took possession of their new dormitory space, completely refurbished and equipped; floors, walls, ceilings, electricity, aluminium windows with mosquito nets, bunk beds, mattresses, bedding, etc., and with a toilet area equipped with laundry, showers, wc, washbasin, along with the septic tank. All this with the general objective of contributing to the improvement of the quality of life of children and young people with various disabilities, and with albinism, interned at the Kabanga school centre. A project that was co-financed jointly by **Burgos City Council**, the **ONGD PERSONA SOLIDARIDAD** and **KARIBIA** with its own funds from private donations and contributions from partners.

In the last Newsletter we already announced the start of the project. On March 28th the refurbishment work began to make the building habitable. These works lasted until 18 July and were completed once the whole building was painted and the toilet area was connected to the centre's water supply.



In August and September, the 40 bunk beds were ordered from the local carpenter and the materials (mattresses, pillows, bedding and mosquito nets) were purchased from Kasulu shops. Finally, we signed the handover of the completed project for the new dormitory for 80 children to those responsible for the Kabanga school centre.

The "other" shadow team that has made this project for the rehabilitation of the Nuevo Dormitorio possible has been the members of the **ONGD Persona Solidaridad (PS)** in Burgos. Thanks to them we were able to access the grant awarded by the Burgos City Council and they also collaborated financially with a part of it. On July 28th, **Imma, Jose and Juanje** from PS arrived in Kigoma to visit the implementation of the project. During their stay they had the opportunity to supervise the completed works of the new dormitory, as well as to learn about the challenges facing the KPCS school centre in Kabanga for future joint projects.

ONGD PERSONA SOLIDARIDAD





Niko, in the dining room of the KPCS

2. COMMITTED WITH KABANGA

MEET KARIBIA'S NEW PROJECTS

With the completion of the New Dormitory project for 80 children, it is our commitment to remain here in Kabanga and continue to jointly address the challenges they face with one goal in mind, which is to uphold the human right to inclusive education for all these children with disabilities and albinism at the KPCS school centre. This includes how to improve the habitability of the other existing living spaces, how to guarantee their food security for better personal performance, and how to provide quality special education with guarantees and resources to ensure that all of them can complete primary school in the centre's integration school and have adapted spaces for study.

So we have already started to look for funding for all these other projects, which are as necessary or even more necessary than the one we have just finished. And it is our hope that by 2024, we will be able to start some of them. We are willing to bring them to fruition if we have the necessary support.

THESE ARE THE ALREADY IDENTIFIED AND FORMULATED PROJECTS AWAITING FUNDING:

1 REFURBISHMENT AND EQUIPPING OF THE WOMEN'S DORMITORY MODULE FOR 56 GIRLS 277m²: 46.150€



2 REFURBISHMENT AND EQUIPPING OF THE 3 SPECIAL EDUCATION CLASSROOMS 127m²: 15.839€



3 ADAPTATION OF 1 MODULE IN 1 LIBRARY AND ITS EQUIPMENT 202m²: 19.691€



4 ADAPTATION OF 1 MODULE INTO 1 RESOURCE ROOM, ASSESSMENT AND HEARING TEST ROOM AND ITS EQUIPMENT 182m²: 20.644€



5 KITCHEN REFURBISHMENT AND EQUIPMENT 106m²: 16.572€

6 REFURBISHMENT AND EQUIPPING OF THE DINNING ROOM 269m²: 24.872€



Abel attends his class at the primary school in the centre.

3. KABANGA, EDUCATION FOR INCLUSION AND INTEGRATION

FIND OUT WHY THE KABANGA SCHOOL CENTRE IS SO IMPORTANT

We spoke earlier about defending the human right to inclusive education for all the children living in the Kabanga school centre. Education is key to the development of peoples, and for the most vulnerable and marginalised groups in society it is the only option they have to achieve their social integration and attain an autonomous life. Although not all of them will succeed, others, with education, will be able to advance and make a place for themselves in society that will allow them to live with dignity. And therein lies the importance of schools like Kabanga, this state-run residential centre that takes in children and young people with various disabilities and integrates them into the national education system by providing special education to those who need it. Here, most of the children and young residents, during the first 2 or 3 years, will receive Braille or sign language classes, among others, in the special education classrooms inside the centre, and depending on their ability to learn, they will later move to the annexed integration school to receive and complete their primary education together with the rest of the children in the community.

"LET'S REMEMBER THE FIGURE: ONLY 10% OF CHILDREN WITH DISABILITIES IN AFRICA GO TO SCHOOL.

FAMILIES BELIEVE THEY HAVE NO CAPACITY TO LEARN, SO MOST OF THEM WILL BE MASSIVELY EXCLUDED FROM EDUCATION AND THE ROUTINE FUNCTIONS OF SOCIAL LIFE".



Children with different abilities in a classroom at the integration school

Without the existence of this centre, all the children who reside here will hardly have the opportunity to go to school and socialise with other children, as disability will lead them to lifelong marginalisation and social exclusion. Therefore, in order to defend the right to inclusive education, it is necessary that the whole universe that surrounds these children during this stage of their life in the centre is in line with the special needs they face, in an environment as dignified as possible in terms of habitability, water and sanitation, food security and of course, with adequate resources, equipment and learning materials based on their different abilities.



Andrea learning braille

4. WELCOME MR. AMBASSADOR!

ALL THE DETAILS ON THE VISIT TO KARIBIA OF JORGE MORAGAS, SPANISH AMBASSADOR TO TANZANIA

Undoubtedly, one of the most important institutional events we have experienced this year was the visit of the **Spanish Ambassador to Tanzania, Jorge Moragas**, who, together with the **Consul of the embassy, José Ramos**, travelled to Kigoma to learn about **KARIBIA's** work on the field. On the afternoon of the first day, we took the ambassador and the consul to see the fishing district of Katonga, an enclave anchored in time, the essence of life in the villages that lie on the shores of Lake Tanganyika. The next day, during the morning visits, the first stop was the LearnN'Play school, where they visited its facilities with Samuel, its director. The ambassador was interested in the functioning of the school and the country's education system, the classes taught, and had the opportunity to interact with the children who welcomed him warmly with local songs. He also showed great interest in the honey business that is carried out as an income generating activity for the sustainability of the project.



Afterwards, we visited the sewing centre, where he was warmly welcomed by the girls and Christina and John, who are in charge of the centre. The ambassador inquired about the situation of women in Kigoma, and conversed with them. Finally, the ambassador and the consul had a few words for all of them and encouraged them to continue training to achieve their economic and personal empowerment, and to make the most of the opportunity that **KARIBIA** offers with this free training centre for all of them. To conclude, the girls improvised typical songs and dances as a thank you.



"ONCE AGAIN, WE THANK AMBASSADOR JORGE AND CONSUL JOSÉ FOR THEIR COMPLICITY AND INTEREST IN GETTING TO KNOW PERSONALLY AND FIRST HAND THE WORK THAT KARIBIA IS



Ambassador Jorge Moragas
at the LN'P nursery school

5. ONE YEAR OF THE SEWING TRAINING CENTRE

THE FIRST COURSE IS OVER. WE ARE STARTING THE SECOND ONE.

At the end of August, the sewing techniques training centre, which we launched in September 2022, held the 3 final exams (Sewing techniques, Live skills, Business operations) for the first class of 30 girls who completed the course. All of them have participated for a year in the activities carried out at the centre to acquire a training that aims not only to break down the barriers of gender inequality in terms of access to resources for all these girls, a cross-cutting issue in the phenomenon of poverty, but also to integrate a feminist perspective in their way of understanding social relations and thus promote an awareness of their unequal situation in society, and a desire for emancipation and autonomy that will allow them to develop fully in all areas of life. Their participation concluded on 15 September with the graduation celebration for all of them, an event attended by the families of the graduates, the local authorities, and **DUHAMABI** and **KARIBIA**.



"A PRODUCTION WORKSHOP TO GENERATE OWN RESOURCES".

It is time for the sewing training centre itself to generate its own resources and meet its operating costs, so it has been decided to start up the production and marketing of garments. This activity is intended to be carried out in one of the classrooms of the centre, and it will be 5 of the outgoing girls who will carry it out. From **KARIBIA** we will seek support to provide **sewing machines for the exclusive use of this activity and stock of fabrics and materials**.

With this we will seek the sustainability of the project as a fundamental principle that governs our actions in the field.

"40 NEW GIRLS START THE SECOND PROMOTION".

In September 2023, visits were made together with community social agents in the Katubuka, Buhanda and Businde neighbourhoods of the Kigoma-Ujiji Municipal Council district to select the 40 new girls who, on 25 September, started the 1-year course at the training centre in sewing techniques free of charge.

In order to face this new course in better conditions, **KARIBIA** will look for funding to provide resources to what they already have in the form of **new additional sewing machines and all the necessary material (fabrics, trimmings, etc.)** to guarantee the new training courses.



Elisabeth, a graduate student
of the Sewing Centre

6. SCHOLARSHIPS KIPEPEO SEEDS FOR EMPOWERMENT

THE LITERAL DEFINITION OF THE WORD SEED IS: -GRAIN CONTAINED INSIDE THE FRUIT OF A PLANT WHICH, GIVEN THE RIGHT CONDITIONS, GERMINATES AND GIVES RISE TO A NEW PLANT. THAT IS WHAT THE KIPEPEO SCHOLARSHIP PROJECT IS ALL ABOUT, FACILITATING THOSE "RIGHT CONDITIONS" FOR THE PROCESS TO CULMINATE.



The Kipepeo (Swahili for butterfly) Scholarship project was conceived at the end of June 2023 during the visit of a group of 6 women leaders committed to the empowerment of women wherever they go and meet.

Mercè, Virginia, Sandra, Montse, Suany and Emma, with the collaboration of **KARIBIA**, are financing this pilot project that consists of providing 3 girls who have graduated from the sewing centre with a scholarship and an entrepreneurship kit for each of them that includes: 1 sewing machine, tools and utensils, trimmings and a pack of fabrics, so that once they have finished their training cycle, they can start an income-generating activity for themselves and their families and a path towards economic and personal entrepreneurship.

The project foresees a follow-up, monitoring and evaluation plan during and after the implementation of the 3 businesses, in order to be able to measure the impact.

The awarding of the 3 grants took place on 15 September.

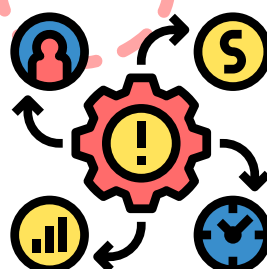


1 Purchase and delivery of the 3 grants consisting each of: 1 Butterfly sewing machine, tool kit and fabrics.



2 Implementation of each of the 3 businesses and accompaniment and advice

3 Monthly monitoring visits on business development and reporting on progress and profitability



4 Measuring impact: Final evaluation report and feasibility of the project





Joyce, Bertha and Abia,
the 3 grantees 2023

7. THE LN'P SCHOOL FOR ANOTHER YEAR & THE VOLUNTEERS

For the third year running, the LearnN'Play school has facilitated access to early childhood education for children in the humble neighbourhood of Kichangachui. 96 children between the ages of 3 and 6 years old attend daily and spend the morning between lessons and games. Although carrying out their educational programme is not an easy task, we remind you that the school is free and the local NGO that runs it is facing resource problems. From **KARIBIA**, we will continue to support the school with part of the operational costs until December this year thanks to contributions from **members** and the **Fondazione Polli Stoppani**.

KARIBU LN'P, FRIENDS!

However, for yet another year, the school has welcomed a new group of volunteers who have travelled to Kigoma to collaborate with the daily activities that the school carries out and have contributed school materials that they have brought from Spain or have bought locally. And this year has been a very "artistic" year. With the contributions and participation of the volunteers, paint was bought and the classrooms were given a facelift and the outstanding chairs were painted. Educational murals were also made and the empty walls of the classrooms were decorated with children's drawings of animals, cartoon characters and other motifs. Volunteers also participated in gardening activities to improve the school environment and a hanging vegetable garden was made from plastic bottles in which mchicha (a type of spinach) has been planted, along with all kinds of play and recreational activities. It is certainly a great support and encouragement for the children and teachers to welcome them all every year!



NOW YOU CAN VOLUNTEER ALL YEAR ROUND!

For next year, the volunteer programme at the LN'P school will continue, although this time it will be managed by the local NGO that runs it: LearnN'Play Organization. They will be in charge of providing information so that anyone interested in coming and volunteering with them can do so throughout the year, from January to December (excluding the school's own holiday periods). To do so, all you have to do is contact Samuel (in English if possible), the director of LN'P:

SAMUEL LAMECK JOSEPH, school and ngo director

EMAIL: samjosephmtema@gmail.com

WHATSAPP: +255 754872710

With your participation, you will also help to defray the school's operating costs and thus continue to make it possible for children without resources in the Kichangachui neighbourhood to have access to its educational programme free of charge.



Maria, teacher at LN'P school

8. MANDAKERENGE, AN ISLAND IN THE MARGINS

Our desire to see how the communities that share Lake Tanganyika with Kigoma live led us in September to the Rukwa region, 500km from the town of Kigoma.

Mandakerenge, one of the eight islands of the Kipili archipelago, is located there. Mandakerenge or Manda Island is the largest and the most populated of the inhabited islands. Some 4.000 inhabitants live on this island with no roads, no cars and no transport except a few bicycles.

While the shores of the lake are alive and bustling with colourful fishing boats bobbing on the beaches, the only source of income for the inhabitants, the interior is barren and desolate.

It was the dry season and the barrenness of the environment mingled with the colour of the dusty streets, the humble houses and the roofs and fences, many of which were still thatched. The poverty of the place was immediately apparent.

Without access to drinking water, the inhabitants have to fetch it in buckets from the lake and boil it in order to drink it.

We visited the primary school for 800 children. It was during the holiday period and was empty. Although minimally equipped, it did not have desks for everyone, so many children had to sit on the floor.

It also had no toilets and could not cater for pre-school education.

Further on, on a hill, was the only dispensary. The modest infrastructure had too few resources to serve its 4.000 inhabitants and the outdoor latrines were not functioning.

Water, so important in a health centre, was brought in buckets from the lake. There was no water tank.

Next to the dispensary we saw an unfinished building. It was supposed to be the maternity ward, but it was unfinished. Here, the women have nowhere to give birth properly.

We continued our route through the interior of the island until we reached a height where we could see the proximity of the mainland, with Kirando in the background as the main enclave for supplies. We had not seen a single ploughed field the whole way.

Mandakerenge, without a doubt, is on the fringes of the most basic necessities that everyone should be able to enjoy without exclusion.



Mandakerenge island



Fishing boats



Main street



Primary school



Dispensary



Unfinished maternity ward

OUR COMMITMENT TO THE MOST DISADVANTAGED COMMUNITIES HAS LED US TO INCLUDE MANDAKERENGE AS A TARGET FOR OUR FUTURE SOCIAL ACTION. THEREFORE, CONVINCED THAT WE WILL CONTINUE TO COUNT ON YOUR SUPPORT, WE WILL WORK CLOSELY WITH THE LOCAL COMMUNITY AUTHORITIES OF THE ISLAND TO WORK TOGETHER TO IMPROVE THE LIVING CONDITIONS OF ALL ITS INHABITANTS, WHO DESPITE THE PROXIMITY TO THE MAINLAND, JUST 5KM AWAY, HAVE TO FACE A UNIVERSE OF BASIC NEEDS.



Kids from Mandakerenge



9. AND FURTHERMORE...

APRIL

- In April, advertising videos, a banner and a promotional flyer were produced to support and give visibility to **Kigoma Eco-cultural**, this small local tourism agency whose activity includes the active participation of the women of Kalalangabo and to promote their economic empowerment.
- In Teià, Barcelona, a clothes market was organised to raise funds for **KARIBIA's** projects.
- Donation of **prescription glasses** to Kasulu's opticians.



MAY

- The Italian motorcycling **Team Le Aquile** starts the Moto Guzzi Cup 2023 season by supporting **KARIBIA** with visibility and fundraising.
- In Kigoma, we welcomed members of the **Community Development Office** for an evaluation of the activities carried out by Karibia.



JUNE

- We visited **YAAPA** (Youth against aids and poverty association) a small day centre for children from 3 to 5 years old from families without resources.
- We received the certification of registration number 868 as **NGDO by the Catalan Agency of Cooperation for Development**.



JULY

- **The Library of Fromista**, Palencia, organised a charity book market, the proceeds of which went to **KARIBIA's** projects.
- Donation from the company **ZABALA** for the Sewing Centre project.



AUGUST

- We delivered the **In3ator**, the low-cost portable neonatal incubator that the **ONGD Persona Solidaridad** brought to Tanzania, to the local health authorities.
- **KARIBIA** trained its health staff at the **Gungu Health Center** on the functions, uses and maintenance of the In3ator.



SEPTEMBER

- In **Kirando** (Rukwa region), we visited the Benedictine parish that runs a small dispensary with hardly any drugs and a primary school.
- In **Kipili** (Rukwa region), we met with key community leaders on Mandakerenge Island to assess and identify the needs they face.
- Two years after the company **JOMA** donated and sent to Kigoma a complete set of equipment for the 35 children of the football team in the poor neighbourhood of Kamala, we have finally been able to clear the goods through customs and deliver them to the team! Miracles do happen!



MEMBERS: THE SUSTAINABILITY OF KARIBIA

Being able to count on fixed monthly contributions offers us great economic stability as an NGO and without them we would not be able to meet many of the small and large needs and unforeseen events that arise daily and that go beyond the projects we support, for this we thank all those who want to join us with a monthly contribution.

To do so, you just have to fill out and scan the following form and send it to us via email at: **karibia.org@gmail.com**, and we will domicile the receipt every month.

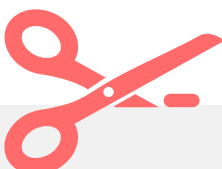
Or if you prefer, accessing the online form from the following link:

[Members Form](#) online



Or copy this link into your browser and fill out the online form:

<https://forms.wix.com/f/7004397067544035838>



BECOME A MEMBER (MONTHLY CONTRIBUTION)



BASIC INFORMATION

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I would like to make a monthly contribution to
Asociación KARIBIA for the amount indicated:

MONTHLY AMOUNT €

I understand KARIBIA's Privacy Policy. (<https://www.karibia.org/politica-privacidad>)

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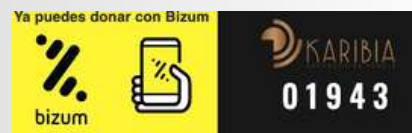
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Together, We will continue Making an impact!

www.karibia.org



HOW TO DONATE?



From your banking app where you have Bizum active, select the option to send money, choose our NGO by manually entering our number 01943 identifier, and choose the amount you want to donate.



Through PayPal you can make a one-off donation or convert it to a monthly donation, or directly with your credit card only.



By making a bank transfer one-time or monthly, directly to the bank account of Asociación KARIBIA:

IBAN: ES80 0081 0062 8900 0206 1413
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Asociación Karibia is registered under number 68420 of section 1a of the Barcelona demarcation of the Register of Associations of the Generalitat de Catalunya (Spain); with registration n° 868 as ONGD by Agencia Catalana de Cooperación para el Desarrollo; and with branch registered in Tanzania as KARIBIA NGO FOR DEVELOPMENT with registration number I-NGO/R/2099 .

CIF G02932499 (SPAIN)

*If you would like more information on any of the topics covered in this newsletter, please send us an e-mail:

karibia.org@gmail.com

THEY COLLABORATE WITH US...



KARIBU KIGOMA

See you in 2024!